

MUSSELBURGH RUGBY FOOTBALL CLUB PLAYER'S CHARTER



- RESPECT YOURSELF - BE ON TIME, WELL PREPARED, KEEN TO LEARN, READY TO TRY YOUR BEST
- RESPECT OTHERS - TEAM MATES, COACHES, OFFICIALS AND OPPOSITION
- BELIEVE IN YOUR TEAM AND YOURSELF; ENCOURAGE FAIR PLAY AND STICK TO THE RULES
- PLAY WITH A SMILE; IT'S A GAME TO BE ENJOYED - SPEAK UP IF YOU'RE UNHAPPY
- BE STRONG - SUPPORT AND ENCOURAGE ESPECIALLY AFTER SETBACKS AND DISSAPPOINTMENTS
- LISTEN TO YOUR COACHES; ACCEPT FEEDBACK, TRY TO ACT ON IT
- MISTAKES ARE PART OF LEARNING; YOU AND OTHERS WILL MAKE PLENTY OF THEM
- ALWAYS SHAKE HANDS WITH THE OPPOSITION AFTER A GAME - YOU ARE A RUGBY PLAYER
- WITHOUT A REFEREE THERE IS NO GAME; SAY THANK YOU – YOU ARE A RUGBY PLAYER
- MAKE YOUR CHOICES OUTSIDE OF THE GAME WITH CARE AND REFLECTION
- RESPECT THE FACILITIES OF OUR CLUB, OFFER TO PUT KIT AWAY AFTER TRAINING. THE SAME LEVEL OF RESPECT SHOULD APPLY WHEN VISITING OTHER CLUBS.
- UPHOLD THE CLUB VALUES OF INTERGITY, RESPECT AND INCLUSION
- BE PROUD TO BE PART OF MUSSELBURGH RFC, REPRESENT THE BADGE, BE A ROLE MODEL

#CLUBFORALL

INTEGRITY - RESPECT – INCLUSION

2. Player's Name *
